



Dr. Kristine Trockels ND

Checklist for Initial Office Visit

Congratulations on your decision to take steps towards achieving optimal health!

List of documents request (not required) for initial office visit

- All pathology and surgical reports
- Most recent lab results (within past year, if available)
- Most recent imaging studies such as CT, Dexa scan, x-ray, etc. (within past year if available)
- Bring bottles of supplements and prescription drugs to appointment

Additional

- Completed Patient Intake Form (available on website)
- A smile and desire to feel great!!!

I look forward to meeting you and working with you to help improve your health and vitality!

Dr. Trockels ND